



# The Spine & Rehab Group

[WWW.THESPINEANDREHABGROUP.COM](http://WWW.THESPINEANDREHABGROUP.COM)



# Where Does It Hurt?

Tell us more about your pain so we can help you get the proper treatment

1. WRIST
2. ELBOW
3. SHOULDER
4. NECK
5. BACK
6. HIP
7. KNEE
8. ANKLE

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A photograph of a person sitting on a soccer field, hunched over with their hands clasped, suggesting they are in pain or resting. A soccer ball is on the grass in front of them. The background is a blurred green field.

# Services



## Spine and Pain

Our Spine Specialists & Back Pain Doctors are dedicated to providing you relief and recovery for Herniated Discs, Scoliosis, Back & Neck Pain and many more spinal conditions.



## Sports Medicine

We treat sports-related injuries in athletes and people with an active lifestyle and provide patients with information to avoid sports injuries as well as non-surgical treatment options to reach recovery.



## Physical Therapy

One-on-one Physical Therapy and Rehabilitation programs are custom designed for you at our Physical Therapy Clinics in NYC and NJ with our highly trained Physical Therapists.



## Chiropractic Care

Diagnostic procedures are available at our Manhattan and New Jersey locations to help diagnose your muscle pain, joint pain & injuries and find relief through non-surgical treatment.

# Conditions

## BACK & SPINE CONDITIONS



Your Back & Spine Specialists. Expert back pain doctors in NYC and NJ who help you find relief for back pain, spine conditions and back injuries with effective non-surgical treatments.

# SHOULDER, ELBOW, HAND & WRIST CONDITION

Let us give you a hand. An injury or overuse of the arm can cause shoulder, elbow, wrist and hand pain. We can help.

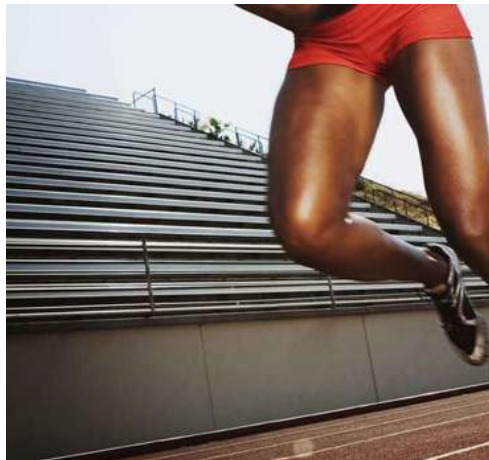






## KNEE CONDITIONS

Knee pain can strike when you least expect it. Our team of knee pain specialists in New Jersey are dedicated to providing you non-surgical relief and healing for your knees.



## HIP, FOOT & ANKLE CONDITIONS

We get you on the road to recovery. Non-surgical treatments for pain and injury of the hip, ankle and foot in NYC and NJ.



## NECK CONDITION

Don't let neck pain stop you. Our doctors help you get relief from neck pain and neck injuries using non-surgical treatments in NYC and NJ.



## SPORTS INJURIES

We'll get you off the bench. Our team focuses on providing you with non-surgical treatments for relief from sports injuries, old and new, to get you back in the game faster.



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## OTHER CONDITIONS

Don't suffer with pain any longer. Our pain management specialists strive to effectively treat many conditions and injuries that can cause you pain using non-surgical treatments in NYC and NJ.







## **ABOUT THE SPINE & REHAB GROUP**

### A UNIQUE APPROACH TO HELPING YOU LIVE MORE COMFORTABLY

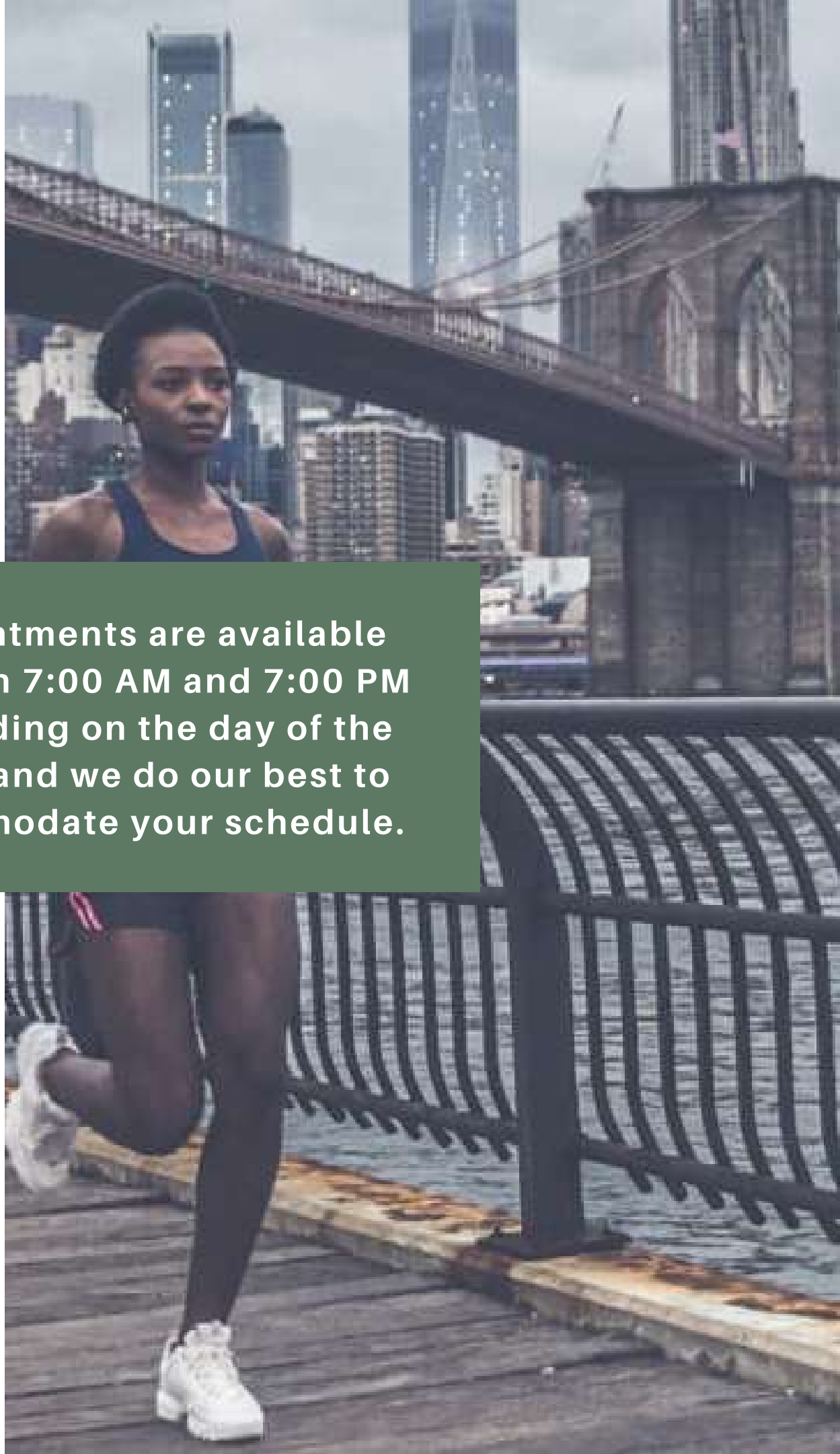
At The Spine & Rehab Group we understand your pain and injury better than most. Our approach to injury recovery involves taking a comprehensive look at your condition(s) and exploring all non-surgical, interventional and alternative treatment options to help you finally find relief and get back to living your life.

### A TEAM OF HIGHLY SKILLED MULTI-SPECIALTY DOCTORS

With award winning doctors and multiple board certifications, our dedicated team of specialists at The Spine & Rehab Group in NYC and NJ treats everything from lower back pain, to serious knee injuries and spinal deformities. Our skilled team includes: Interventional Spine Specialists, Sports Medicine Doctors, Expert Physical Therapists, Physiatrists and Certified Acupuncturists.



# CONVENIENCE IN SCHEDULING AND EASE OF CONTACT

A woman with dark hair, wearing a dark blue tank top and black leggings, is running on a wooden boardwalk. In the background, there is a city skyline with several tall buildings and a bridge. The scene is captured in a cinematic style with soft lighting.

Appointments are available  
between 7:00 AM and 7:00 PM  
depending on the day of the  
week, and we do our best to  
accommodate your schedule.

# WORKING HOURS:

Monday: 7am–7pm

Tuesday: 7am–7pm

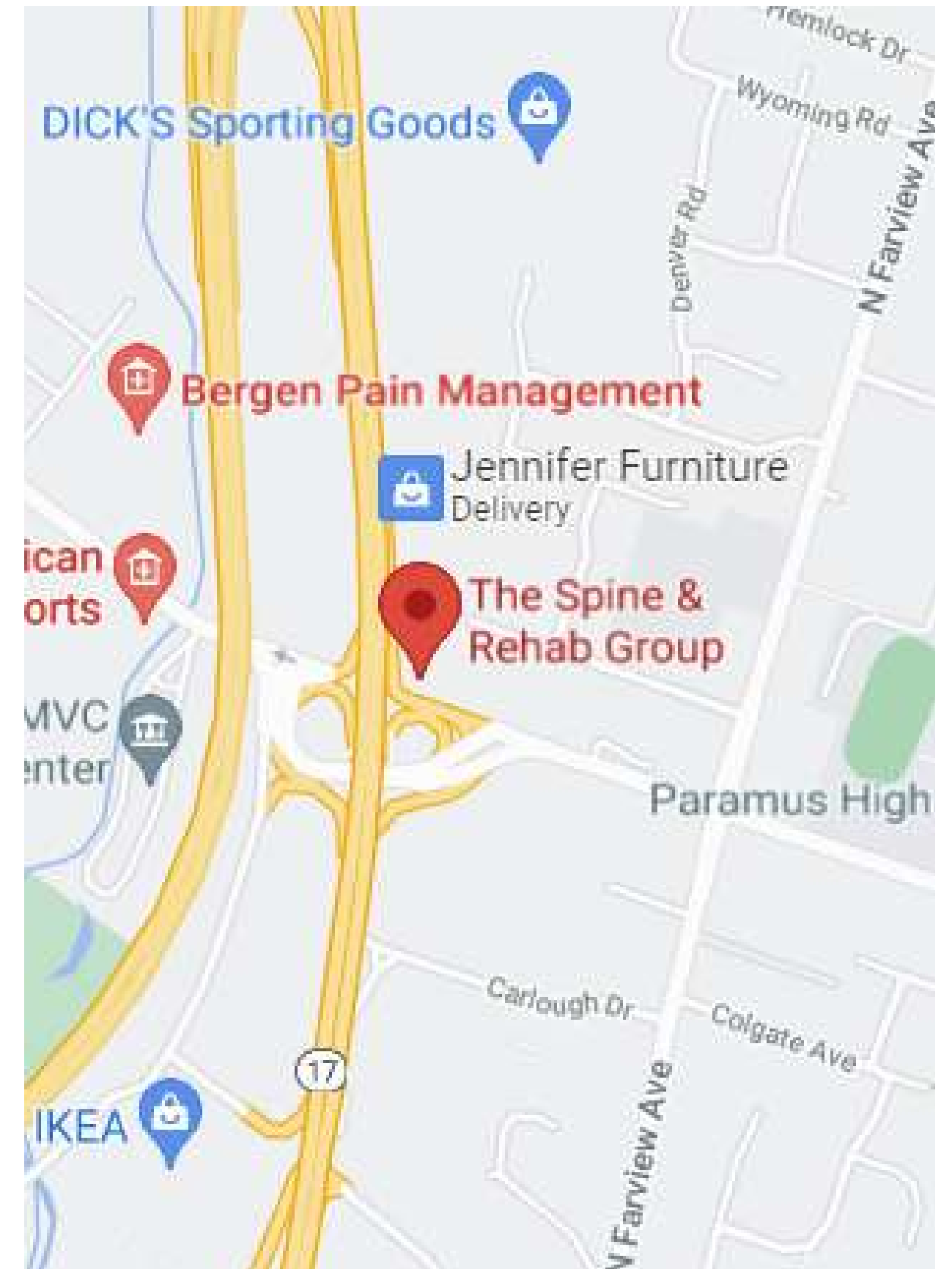
Wednesday: 7am–7pm

Thursday: 7am–7pm

Friday: 7am–7pm

Saturday: Closed

Sunday: Closed





**CONTACT US**

## **The Spine & Rehab Group**

140 NJ-17,

Paramus, NJ 07652

Tel: (201) 523-9590

[thespineandrehabgroup.com](http://thespineandrehabgroup.com)

[Info@thespineandrehabgroup.com](mailto:Info@thespineandrehabgroup.com)



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